



On Friday 16th June, the pupils in year 6 attended a Dementia Friends session hosted by our very own in house Dementia Friends Champion Miss Shelford.

The session was around 25 minutes long and was very interactive to make sure that the messages that were trying to be conveyed got across to everyone and were understood.

It was a very positive and uplifting session and the pupils of year 6 seemed to respond really well to the session and with real focus and maturity.

The two questions that were asked at the end of the session were this:

- Have you learnt at least one new thing today?
- Would you like to become my Dementia Friend?

I was thrilled to get a resounding yes from everyone to both questions and for this I provided everyone with a Dementia Friends pin to wear with pride. I also gave the teachers reflection sheets for the pupils to complete which gives a promise as a Dementia Friend for example: wear their pin, tell one person about their favourite item(s) from the session, encourage their adults to attend a Dementia Friends session or visit a loved one or friend who has Dementia once in the next month.

I was over whelmed to read all the lovely reflection sheets that the pupils completed, they were very thoughtful and showed that they understood the messages put across during the session.

I am delighted to confirm that the UK now has over 2 million Dementia Friends, thanks to the attendance of the year 6 pupils and staff we have been able to become a part of this huge mile stone. There are more plans for further Dementia Friends sessions to include other year groups, staff and parents/carers of the pupils.

Miss E Shelford: Dementia Friends Champion

If you would like to find out more about Dementia Friends and the work they do, please go to: <https://www.dementiafriends.org.uk/>