

# Wood End Park Academy Parents Workshop

Strategies and advice for parents

- Behaviour at home
- E-Safety

# Managing Behaviour at home

## Positive Parenting and Positive Discipline

- create a good relationship with your child by showing love and affection
- emphasise all the things that please you about your child
- be a good example - your children will take their lead from what you do
- praise the behaviour you want to see in your children
- listen to your child's views and negotiate solutions to problems together
- avoid harsh punishments like smacking or shouting excessively
- have clear limits that are fair and age appropriate, expressing your wishes in a way that shows you mean what you say.

# Current legislation on discipline

**“But I was smacked as a child - did my parents get it wrong?”**

**“It’s always been a part of our culture to smack.”**

Under Section 58 of the [Children Act 2004](#), it is unlawful for a parent or carer to smack their child, except where this amounts to ‘reasonable punishment’, though this is not defined in the legislation.

As such, whether a smack amounts to reasonable punishment will depend on the circumstances of each case, taking into consideration factors like the age of the child and the nature of the smack. Physical punishment will be considered ‘unreasonable’ if it leaves a mark on the child or if the child is hit with an implement such as a cane or a belt.

# Managing Behaviour at home

## Positive Discipline tips

- Describe exactly what you want your child to do
- Try not to give too many orders. Constantly saying “do this” and “don’t do that”
- Listen carefully to your child talking about their friends and about their day, be alert to any worries that may make behaviour worse and talk about areas of conflict.
- Calmly repeat what you expect your child to do.
- If your disappointment or mild disapproval doesn’t work to change your child’s behaviour, try consequences e.g. taking away privileges, rewards, time out

# Keeping children safe online

The internet is great in supporting children's learning but it also poses threats of cyber-bullying and exposure to inappropriate material.

## What are children doing online?

search for information or content on search engines like [Google](#) and [Bing](#)

share images and watch videos through websites or mobile apps like [Instagram](#), [Pinterest](#), [Vine](#) and [YouTube](#)

use social networking websites like [Facebook](#) and [Twitter](#)

write or reply to messages on forums and message boards

play games alone or with others through websites, apps or game consoles

chat with other people through online games, [BBM \(Blackberry Messenger\)](#), game consoles, webcams, social networks and tools like [Whatsapp](#)

# Keeping children safe online



## Instagram

Instagram is a picture and video sharing app. Users can post content and use hashtags to share with others.



## Facebook

Facebook is a social network, which lets you create a page about yourself.



## Snapchat

Snapchat is an app that lets you send a photo or short video to your friends.



## YouTube

YouTube is a place to watch, create and share videos. Videos include things like music, animation, online blogs and TV clips.



## Minecraft

Minecraft is a game that lets you build and create a virtual world using building blocks.



# Keeping children safe online

What are the rules and regulations?

## Ignoring age restrictions

Some websites and games use age restrictions and checks to make sure that children don't see unsuitable content.

Children must be at least 13 to register on most social networking websites. But there's not a lot standing in the way of children joining at a younger age.

Age limits are there to keep children safe so you shouldn't feel pressurised into letting younger children join these websites

# Keeping children safe online

Making friends and communicating with people they don't know.

Children are exposed to strangers when:

Online gaming

Instagram, Facebook

<https://www.nspcc.org.uk/preventing-abuse/keeping-children-safe/online-safety/>

# Keeping children safe online

## What to do at home

- Parental locks and filters
- Monitor the use of internet at home-in a public place in your home
- Limit time on the internet
- Check browsing history on search engines
- Talk to your child about e-safety