



Wood End Park Academy

Centre of Excellence in Sport

The Centre of Excellence in Sport will be starting up again very soon, after a successful programme last year.

This programme started two years ago, with children from Cranford Park Academy and Wood End Park Academy participating. It is for the children that have very high ability and expectation, who put in great effort and skill into sport. The sessions are run on Saturdays. The sessions are of a high intensity and skill level, learning new techniques and delivering them into games. We will choose children from mini trials and extra-curricular activities. We had a very high standard from both schools last year. But we can only pick twelve children from each academy, six girls and six boys from each. We complete a range of sports over the year and have decided to adapt to our lovely British weather by playing sports that accommodate that. So just a brief insight to why and how we run the Centre of excellence in Sport.

A lot of our sports and skills at the moment are indoor. We have been working very hard on movement in indoor games. We cover bench ball, dodgeball and Handball. This will coincide with Park Federation events we hold, for example Dodgeball Tournaments. This year we are going to try and focus on Sports that are played and competed in our Park Federation Events.

The children expressing themselves and performing with other talented children in The Park Federation is great to see.

Mr Martin Skipp: Sports Coach

Wood End Park Academy