

Wood End Park Academy

Physical Education

	Reception	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Autumn Term 1 st half	Multi skills	Gymnastics Multi skills	Gymnastics Multi skills	Dance Tennis	Dance Tennis	Gymnastics Swimming	Gymnastics Handball
Autumn Term 2 nd half	Multi Skills	Dance Ball skills	Dance Ball skills	Gymnastics Tag Rugby	Gymnastics Handball	Dance Swimming	Dance Football
Spring Term 1 st half	Static Balance	Gymnastics Basketball	Gymnastics Football	Dance Hockey	Dance Tag rugby	Netball Swimming	OAA Basketball
Spring Term 2 nd half	Dynamic balance	Dance Football	Dance Basketball	Gymnastics Netball	Gymnastics Basketball	OAA Swimming	Fitness (Courses) Hockey
Summer Term 1 st half	Coordination	Athletics	Athletics	Football Athletics	Athletics Swimming	Volleyball Cricket	Cricket Athletics
Summer Term 2 nd half	Agility	Striking and fielding	Striking and fielding	Rounders Cricket	Cricket Swimming	Athletics Hockey	Ultimate Frisbee/Athletics/ Rounders