



# Wood End Park Academy

## PE Policy

### Perfect at PE: the basic expectations of PE at WEPA

- To engage and succeed in competitive sport.
- To engage and succeed in physically demanding activities.
- To engage and succeed in broad range of physical activities.
- To be confident with their health and fitness.
- To compete in sport and other activities.
- To play sports with fairness and respect.
- To be physically active for sustained periods of time.
- To lead a healthy and active live.
- To participate in all sports and activities.

### Teaching and Learning (in addition to T&L policy)

Teachers need to have a good/outstanding subject knowledge of the topic that they are teaching. Teaching needs to be more explicitly linked from year group to year group *i.e. last year you developed your catching skills and this year we will put them into practise in cricket.*

Children need to develop an awareness of healthy and active lifestyles, which should be referred to throughout the year. All areas of study must follow the overview and any changes reported to the PE co-ordinator.

### Planning (in addition to T&L policy)

PE lesson plans should have a warm up, an AfL, teaching of a new skill or developing a skill further, a games activity to practice and develop the skill and cool down. Objectives should be generated from the PE Skills ladder at the correct age expectations and higher for More Able pupils. The last lesson should include an opportunity to play the sport or perform a routine and teachers can assess the skills taught that unit.

### Health and Safety

Children should bring a note if they are unable to participate through illness or injury.

Staff should be vigilant if a pattern is non-participation is established for a variety of reasons (including child protection issues).

Children not going swimming through illness or injury should stay at school with another class.

#### **Accidents For minor injuries (bruises and bumps)**

Children should be encouraged to continue where possible but sit and watch if necessary. The PE teacher will decide if the child should be accompanied to welfare.

#### **For serious accidents (head injuries, serious cuts or suspected fractures)**

The teacher should stay with the child and send the teaching assistant or two responsible children to inform welfare. After the incident the teacher must complete an accident report form which is available in welfare.

#### **Medical Conditions**

It is the responsibility of the teacher to take note of any medical conditions of individual children in their class (such as asthma, diabetes or epilepsy) so they can participate safely and as fully as possible. **ASTHMA BOXES MUST BE TAKEN TO ALL PE LESSONS**

### **Risk assessments**

Swimming sessions have been risk assessed and all staff to have access to this. The premises have been risk assessed by the site manager. All playgrounds and halls (including apparatus) will be safety checked annually.

### **Equipment and Resources Safety**

Small equipment is checked by the subject leader on an ongoing basis. If any defect is found in any of the PE equipment this must be reported immediately to the PE coordinator and taken out of use. Children should be made aware of safe handling of the PE equipment and should be taught as part of the lesson in the Gymnastics units.

### **Locating equipment**

Gymnastics equipment for all classes is kept in the halls. Core Games equipment is kept in the PE garage located between the Pavillion and the MUGA pitch.

### **Ordering Equipment**

Any new equipment required can be ordered through the PE coordinator.

### Indoor PE

Each year group has at least 4 indoor PE units. This will consist of gymnastics, dance and indoor sports (see PE overview)

### Outdoor PE

Each year group has at least 6 outdoor PE units. This will consist of contact, non-contact sports and athletics (see PE overview)

### PE kit

In the interests of safety and hygiene teachers must insist on children changing into the following kit for PE lessons. This will ensure consistency and avoid confusion for the children:

**Games and Athletics:** Shorts and T-shirt for indoors lessons in the halls (track-suit bottoms and sweatshirts should only be necessary in the playground on a cold day). Properly fitting trainers or plimsolls

**Dance and Gymnastics:** As for Games but bare feet or soft plimsols.

**Swimming:** Swimming costume, children are NOT allowed to swim in underwear. Some pools insist on trunks rather than shorts.

**Outdoor Activities:** Generally as Games, but otherwise clothing appropriate to the activity.

**Children without Kit-** At the beginning of each year parents will be informed by letter of PE kit requirements and they will have the opportunity

to discuss any serious reservations with their child's VP. A child who has forgotten their kit should first be reminded by the teacher in the school diary. If it is an ongoing problem a conversation with the parents would be appropriate. Spare kit will be available for children whose circumstances prevent them from securing the correct kit.

- Teachers should also wear appropriate clothing.
- Jewellery must be removed. Teachers will not take responsibility for looking after jewellery.

#### Extra-curricular activities

We do seek a range of after school and extracurricular sporting activities. This can include after school clubs and Saturday clubs. We aim to provide clubs by our own teachers/PE teachers and external sports companies.

#### Trips/Visitors to extend Learning

Sporting occasions and trips are organised throughout the year. This can be local events, borough or Park Federation events.

#### External Partners

We have set up sporting events across the trust including holding events at our school. The school football and Cricket team are involved in borough leagues and events.

QPR Football club have been a strong link with Wood End Park over the past few years. Where they provide PE lessons and theory based sessions to enhanced the children's learning.

#### Sports funding

All information on sports funding can be found on the website.