

Wood End Park Academy Parents Workshop

Strategies and advice
for parents:

- E-safety
- Healthy lifestyles
- Places of Worship
- Racial harmony
- Festival assemblies
- SMSC in school
- Spirited Arts
- School website
- Culture-fest

PREVENT Strategy

Prevent is part of the UK's counter terrorism strategy, preventing people from being involved in terrorism or supporting terrorism.



How do we Achieve this?

At Wood End Park Academy we should:

- Develop learning experiences where Children get to respect and understand different viewpoints and religions
- Children know that discrimination will not be tolerated and is not cool
- Encourage use of the Worry Box so children know they can air concerns
- We build up the self esteem, confidence and voice of each child (British Values)
- We pick up on and challenge extreme views

Any other ideas for the WEPA Way?

Keeping children safe online

The internet is great in supporting children's learning but it also poses threats of cyber-bullying and exposure to inappropriate material.

What are children doing online?

search for information or content on search engines like [Google](#) and [Bing](#)

share images and watch videos through websites or mobile apps like [Instagram](#), [Pinterest](#), [Vine](#) and [YouTube](#)

use social networking websites like [Facebook](#) and [Twitter](#)

write or reply to messages on forums and message boards

play games alone or with others through websites, apps or game consoles

chat with other people through online games, [BBM \(Blackberry Messenger\)](#), game consoles, webcams, social networks and tools like [Whatsapp](#)

Keeping children safe online



Instagram

Instagram is a picture and video sharing app. Users can post content and use hashtags to share with others.



Facebook

Facebook is a social network, which lets you create a page about yourself.



Snapchat

Snapchat is an app that lets you send a photo or short video to your friends.



YouTube

YouTube is a place to watch, create and share videos. Videos include things like music, animation, online blogs and TV clips.



Minecraft

Minecraft is a game that lets you build and create a virtual world using building blocks.



Keeping children safe online

What are the rules and regulations?

Ignoring age restrictions

Some websites and games use age restrictions and checks to make sure that children don't see unsuitable content.

Children must be at least 13 to register on most social networking websites. But there's not a lot standing in the way of children joining at a younger age.

Age limits are there to keep children safe so you shouldn't feel pressurised into letting younger children join these websites

Keeping children safe online

Making friends and communicating with people they don't know.

Children are exposed to strangers when:

Online gaming

Instagram, Facebook

<https://www.nspcc.org.uk/preventing-abuse/keeping-children-safe/online-safety/>

Keeping children safe online

What to do at home

- Parental locks and filters
- Monitor the use of internet at home-in a public place in your home
- Limit time on the internet
- Check browsing history on search engines
- Talk to your child about e-safety

Leading a healthy lifestyle

We are a healthy school and we ensure that all children enjoy a nutritious meal during the school day - this may be a packed lunch or a hot school meal.

It is in childhood that we should develop positive eating habits.

We also aim to have the minimum amount of waste possible in the Academy.

Packed lunches

What should be included in your child's packed lunch?

- A main item such as a sandwich, rice or pasta
- This main item should include some healthy vegetables or salad
- Your child should enjoy a piece of fruit daily
- Other snacks may include crisps, cereal bars, yoghurts, cheese etc...

Avoid : Chocolate bars, juice drinks,
more than 1 snack item, foods they dislike!



Fruit, Vegetables and Water

- ▶ Doctors and nutritionists recommend that all people eat five portions of fruit and vegetables each day. These can be spread out across the day, e.g.:
 - ▶ One piece of fruit at breakfast.
 - ▶ A piece of fruit and salad at lunch.
 - ▶ Two portions of vegetables with dinner.
- ▶ It is also recommended that to stay well-hydrated, people drink around 1.6ml of water each day - this can be through drinking tea, or squash - but soft drinks do not count!

Healthy Lifestyle in the Local Area

- ▶ Botwell Leisure Centre - 020 8561 0956
- ▶ Active 4 Less, Uxbridge - 01895 271217
- ▶ Hayes Amateur Boxing Club - 07891 072454
- ▶ Hillingdon.gov.uk: (Ready, Steady, Boost! / QPR Sports)

Places of Worship

- ▶ Year 1 - Church
- ▶ Year 2 - Hindu Temple
- ▶ Year 3 - Mosque
- ▶ Year 4 - Synagogue
- ▶ Year 5 - Gurdwara
- ▶ Year 6 - Buddhist Temple



Racial Harmony

- ▶ Assemblies
- ▶ Places of worship
- ▶ Culture-fest
- ▶ Assemblies (including singing assemblies)
- ▶ Playtime/lunchtime

Festival Assemblies

- ▶ Reception - Nativity Story
- ▶ KS1 - Christmas
- ▶ Year 3 - Chinese new year
- ▶ Year 4 - Easter
- ▶ Year 5 - Christmas
- ▶ Year 6 - Eid and Diwali

SMSC in School

- ▶ **SMSC** stands for spiritual, moral, social and cultural development. All schools in England must show how well their pupils develop in **SMSC** (<http://www.doingsmsc.org.uk/>)
- ▶ **Spiritual**: explore beliefs and experience; respect faiths, feelings and values; enjoy learning about oneself, others and the surrounding world; use imagination and creativity; reflect.
- ▶ **Moral**: recognise right and wrong; respect the law; understand consequences; investigate moral and ethical issues; offer reasoned views.
- ▶ **Social**: use a range of social skills; participate in the local community; appreciate diverse viewpoints; participate, volunteer and cooperate; resolve conflict; engage with the '[British values](#)' of democracy, the rule of law, liberty, respect and tolerance.
- ▶ **Cultural**: appreciate cultural influences; appreciate the role of Britain's parliamentary system; participate in culture opportunities; understand, accept, respect and celebrate diversity.

Spirited Arts Competition

- ▶ Themes for 2017:
- ▶ Standing Up for Good
- ▶ Big, Big Questions
- ▶ Where is God?
- ▶ The Word of God?
- ▶ Belief in Action



Parent Information Website

The screenshot shows the website for Wood End Park Academy. The header features the school's logo (a green leaf and branch) and the name "Wood End Park Academy" in large green letters. Below the name, it says "An Academy in The Park Federation Multi-Academy Trust". Contact information includes the address "Judge Heath Lane, Hayes, Middlesex, UB3 2PD", telephone "0208-573-7829", and email "wepaoffice@theparkfederation.org". The motto "To Question is to Grow" is on the right. A green navigation bar contains links for HOME, FEDERATION HOME, PARENTS/CARERS, OUR SCHOOL, OUR VALUES, OUR KEY DATA, and a search icon. A dropdown menu is open over the "PARENTS/CARERS" link, listing: Calendar, Helping at Home, Information for Parents, Newsletters and Letters Home, Parent Council, Photo Gallery, Parent View, School Clubs, School Holidays, School Meals, and Sports. The main content area has a green banner with the text "For details please look at the 'School Events' section just below the scrolling photographs." Below this is a large photograph of two young children, a boy and a girl, looking at something together. At the bottom of the page, there is a small logo for "Statutory Details" and a "Please check here" link.

Suggestions

- ▶ If there is anything else you would like covered during the next parent information session, please contact Ms Joseph (who will be covering the role of Designated Safeguarding Lead in the absence of Mrs Kapadia), Mr Barnes or Miss Wigglesworth.