

## LET'S GET A BALANCE WEEK



During the last week of the spring term 2017 Wood End Park Academy took part in ***“Let’s Get a Balance Week”***. We did many exciting activities in Year 2 to keep our bodies and minds healthy. To exercise our bodies and keep fit we did some extra physical activity this week which included dancing and Zumba. We exercised our minds by using our best concentration to colour in Mandala patterns. We also exercised our bodies and minds by doing some relaxing yoga.

